

Vita

E. Timothy Burns

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EDUCATIONAL BACKGROUND

Master of Arts, Counseling, University of New Mexico, 1982.

State of California Teacher Certification, 1971

Bachelor of Arts, Education, San Jose State College, CA., 1969.

CURRENT PROFESSIONAL INVOLVEMENT

Founder/Director: *EDUCARE*

P.O. Box 31508

573 West San Francisco St.

Santa Fe, New Mexico 87594-1508

Design and delivery of courses, workshops, and seminars to over three thousand schools, professional organizations, agencies and businesses around the nation and in over two dozen countries in Central and South America, Africa, Europe, Asia, and Australasia. Content areas include brain development and brain-compatible learning, childhood and adolescent development, parent education, Student Assistance Program implementation, childhood and adult resiliency, drug abuse and addiction, and community development, December 1987 to present.

PAST PROFESSIONAL EXPERIENCE

Position: Program Director

**Los Alamos Family Recovery Center/St. Vincent Hospital Family Recovery Center
Operated by Lutheran Hospitals and Homes Society, Fargo, North Dakota**

Responsibilities included program design, implementation, and supervision of outpatient and inpatient treatment services for chemically dependent adolescents and their families, February 1984 - December 1987

Position: Lead Family Counselor

**Adolescent Chemical Dependency Unit, Baton Rouge General Hospital
3968 North Blvd.
Baton Rouge, LA 70806**

Supervised and conducted the Family Week Program, a psycho-educational program for families of inpatient adolescents. Also conducted recovery groups and provided individual counseling in the halfway house program, March 1983 - February 1984

Position: Classroom Teacher

**Los Alamos Public Schools
1300 Diamond Drive
Los Alamos, NM 87544**

Classroom teacher, high school social studies, 1973 - 1977.
Teacher/Director, high school Alternatives Program, 1978 - 1982.

RELATED PROFESSIONAL EXPERIENCE

University and College Instructor

Position: Instructor

Adams State College, Alamosa, Colorado. Extended Studies instructor. Graduate/undergraduate courses for educators and helping professionals, on stress hardiness, resiliency-building, brain-compatible teaching and learning, and group facilitation skills, 1983 - Present.

Position: Instructor

University of New Mexico, Alcohol and Drug Abuse Institute, Albuquerque, New Mexico. Counselor Certification Program for professional addiction counselors, 1986 -1990.

Position: Instructor

University of New Mexico, Los Alamos. Graduate and undergraduate courses in brain development, resiliency, family studies, and addiction, 1983 -1986.

Position: Instructor

Santa Fe Community College. Instructor, undergraduate courses in brain development, resiliency, drug abuse and addiction studies, 1987 -1988.

Santa Fe County DWI Program/Teen Court

Position: Instructor

Regularly scheduled presentations on the topic, "Anatomy of a Crisis: The Effects of Alcohol and Other Drugs on the Teen Brain," to teens and parents diverted through Juvenile Justice, Teen Court for drug offenses, 2000 to present.

First Offender Program Of Los Alamos, New Mexico

Position: Facilitator

Facilitator for teen and family groups in the Los Alamos, New Mexico, Juvenile Court, Diversion Program, 1978 -1982.

Miscellaneous Faculty Member

Position: Instructor/Faculty

Instructor / faculty member to numerous regional, national and international institutes, conferences, and seminars on topics related to stress-management, brain compatible-teaching, childhood development, youth resiliency and protective factor enhancement, 1983 - Present.

PUBLICATIONS

Books

Anatomy of a Crisis: The Effects of Alcohol and Drugs on the Growing Brain, Mind and Spirit. Ginn Press, Massachusetts. 1989. ISBN 0-536-57429-4. 105 pages.

Our Children, Our Future: Defining the Stakes in a Battle We Must Not Lose. Marco Polo Publishers, Dallas, TX. 1992, second edition. ISBN 156374-000-1. 151 pages.

From Risk to Resilience: A Journey With Heart for Our Children, Our Future . Marco Polo Publications, Dallas, TX. 1994. ISBN 1-56374-017-6. 169 pages.

Resource Manuals

The Amazing Brain: A Work in Progress. Santa Fe, New Mexico: *Educare*, 2010.

The Brain in Motion: How Movement Helps Brain Development. Santa Fe, New Mexico: *Educare* Publications, 2005.

BrainGain/BrainDrain: Teaching Teens To Build a Better Brain. Curriculum for health and wellness teachers, biology teachers, and school counselors. Santa Fe, New Mexico: *Educare* Publications, 2003.

It's About Balance: Steps to Greater Stress-Hardiness, Resiliency and Well-Being. Santa Fe, New Mexico: *Educare* Publications, 2002

The Next Step: A Protective-Factor Approach to Student Wellbeing and Academic Success. Santa Fe, New Mexico: *Educare* Publications, 2001.

101 Energizers to Engage, Enhance, and Enliven Learning. Santa Fe, New Mexico: *Educare* Publications, 1999.